Rocky Mountain

National Park Service
U.S. Department of Interior

Rocky Mountain National Park



Hiking in the Kawuneeche Valley

Adams Falls (East Inlet Trailhead) This easy one-third mile hike leads to a small, pleasant waterfall. If you wish to go further, past the falls, you will soon come to a large, glaciated valley with a river and great views. Moose are sometimes sighted in this valley. Many types of wildflowers are found in this area. (79'gain)

Cascade Falls (North Inlet Trailhead) Photogenic Cascade Falls is 3.4 miles into the North Inlet Trail. This easy hike passes through an open meadow where marmots are often found and by a river that winds through a lodgepole pine forest. Fishing is good for small brook trout and an occasional brown trout. Allow about 3-4 hours for hiking this trail. (300'gain)

Lulu City (Colorado River Trailhead) A flowered field is all that remains of this once booming mining town. Pass by the remains of log cabins and look for tailings from the Shipler Mine about 2 miles into the trail. The trail parallels the Colorado River and passes meadows on this easy to moderate 7.4-mile round trip hike. (350'gain)

Lulu City/Yellowstone Loop (Colorado River Trailhead) After passing Shipler's cabins, you will come to a sign that will designate Lulu City to the left and Little Yellowstone to the right. Stay right at the Y. Follow the trail all the way to the Grand Ditch. Formed of stark gray volcanic rock, Little Yellowstone is a miniature version of the Grand Canyon of the Yellowstone. At the Grand Ditch take a left and follow the ditch for two miles until you see a sign that says "Stage Road, Lulu City," take the left and follow the trail down. At the bottom of the trail, take a right and head toward Lulu City. The hike is 13.8 miles in length and is a moderate to strenuous hike. (990'gain)

Green Mountain Loop (Green Mountain or Onahu Trailhead) This trail passes along the lush, marshy Big Meadow, and through forests of lodgepole pine, quaking aspen, subalpine fir, and Engelmann spruce. Watch for moose and elk foraging in the meadow and explore the cabin ruins of early settlers. This hike is 7.6 miles long and should take about 3.5 - 4 hours. (1100'gain)

Shadow Mountain Lookout Trail (East Shore Trailhead) Visit an early fire lookout resting near the summit of Shadow Mountain and experience a fantastic view of Shadow Mountain Lake, Grand Lake, and Lake Granby. This hike can be accessed from either the Grand Lake or Shadow Mountain Dam trailheads for the East Shore Trail. A small fee is required for parking in the Arapaho National Recreation Area. Allow a minimum of 4-5 hours for this hike. (1,533'gain)

Coyote Valley Trail (Coyote Valley Trailhead) This 1 mile round trip, level trail is wheelchair accessible and has numerous benches for resting while contemplating nature. Follow this path along the Colorado River in Kawuneeche Valley. Elk can often be seen grazing on the various sedges and grasses of the area. Picnic at the tables found at one end of the trail, or fish along the trail. Allow about 45 minutes to 1 hour for a short but enjoyable stroll. (level trail)

Timber Lake (Timber Lake Trailhead) This is a 4.8 mile hike to picturesque Timber Lake. The trail climbs through a number of short switchbacks leading to a meadow where subalpine flowers bloom. After a second set of switchbacks, Timber Lake comes into view. Allow 5-6 hours for this steep hike. (2060'gain)

Tonahutu (Kawuneeche Visitor Center) This trail has two points of origin, one from the West Portal Road in Grand Lake and one from the Kawuneeche Visitor Center. Leaving from the visitor center, the trailhead is at the south end of the parking lot. The trail parallels the Tonahutu Creek uphill to Big Meadows, 4.2 miles from the trailhead. If you leave from West Portal Road, it is 5.4 miles from the trailhead. (680'gain)

Holzwarth Historic Site – This is a one-half mile flat walk across the Kawuneeche Valley to the Holzwarth Trout Lodge and Historic Site, a rustic guest ranch created in the 1920's. (level trail)

